10 Good Practices to Foster A Growth Mindset Culture in Your Class

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Avoid Praising Intelligence and Sheer Effort



'You risk discouraging growth by primarily praising intelligence and sheer effort, instead of acknowledging the importance of planning and trying new approaches.'

Use Diverse Teaching Strategies



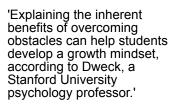
'You can use differentiated instruction tactics and principles to vary the content you present and how students process it, as well as how they demonstrate knowledge.'

Introduce Simple Gamification Elements



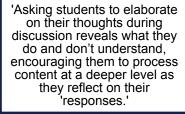
'Certain aspects of gamification...can highlight student progress instead of emphasizing mistakes. E.g., modify how you present marks on tests and assignments.Instead of only awarding percentages or letter grades, give scores in the form of experience points (XP).'

Teach the Values of Challenges



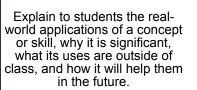


Encourage Students to Expand their Answers





Explain the Purposes of Abstract Skills and Concepts



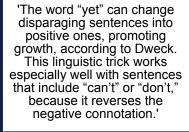


Allow Time for Goal-Based Journaling



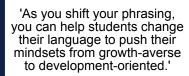
'Journaling serves different purposes, including encouraging students to build a growth mindset through goal setting.'

Say "Yet" More Often





Help Students Change their Language





Use Success Folders



'Through the semester or year, students can struggle to remember their progress and achievements. Success folders address this problem, providing first-hand evidence of growth.'